

## Training Phase

### Competition 2 Certified\*

Competition 2 Course

Competition 2 Evaluation

*\* Must be certified in their respective discipline*

**Gymnastics Canada  
Sport Specific  
Competition 3 Course  
(4 day course)**

+

**4 Comp Dev Modules:**  
Coaching & Leading Effectively  
Manage a Sport Program  
Managing Conflict  
Psychology of Performance

+

**True Sport Clean 101**

## Certification Phase

Register for Evaluation with your Provincial Gymnastics Federation

Coach Profile Form

Make Ethical Decisions  
online evaluation

Program Description and  
Philosophy

Two Year Training Plan

Pre-Competition Readiness Plan  
for Athletes

Sample of Competition  
Information for Athletes  
(and Parents)

Conflict Management Evaluation  
Completed

True Sport Clean Certificate of  
Completion

Coach Self-Assessment &  
Action Plan

Debrief with Evaluator

Evaluation by Evaluator during  
Podium Training

Debrief with Evaluator  
Post- Competition

## Maintenance Phase

**30 PD points over 5  
years**

Active coaching PD

Self-reported PD

CAC NCCP workshops or online  
courses

Gymnastics Canada NCCP PD

Gymnastics Canada  
non-NCCP PD

Multi-sport Non-NCCP  
activity

**Competition 3  
Trained**



**Competition 3  
Certified**



**Competition 3  
Certification  
Maintained**

